

OFFSHORE PERSONAL SAFETY COURSE (Advanced Sea Survival)

Course Prospectus

Sea survival training is a mandatory requirement for skippers and 30% of crew heading offshore, or competing in category 1 races.

Our Offshore Personal Safety Course course equips you with the theoretical knowledge (classroom) and practical skills (wet drills) covering a wide range of emergency scenarios at sea.

Qualification:	Offshore Personal Safety Certificate – valid for 5 years
Aim:	To gain confidence in the knowledge and skills required to achieve the best possible outcomes in emergency situations at sea.
Timeframe:	2 days, consisting of approximately 1.5 days in the classroom and half a day at a local swimming pool conducting the wet drills.
Location:	Various locations – please see our course dates page online or contact us for more information.
Recognition:	This is accredited by Yachting New Zealand and recognised by World Sailing and Maritime NZ.
Entry Requirements:	None, but please note that some water confidence is required for the pool drills, which include swimming and working with a real life raft.

Topics covers

Safety equipment, life jackets and life rafts
Distress signals, risk and hazard management
Crew overboard and emergency situations
Seach & rescue and fire fighting appliances
Meteorology and heavy weather tactics

Practical Drills

Boarding a life raft and initial actions
Righting a capsized raft
Demonstrating survival drills
Swimming with and without a life jacket
Entering water from height